

Table 1. Changes of stature and population density in the Eastern Mediterranean region (Angel 1984)

Period	Body height		Estim. population density (persons/km ²)
	Males	Females	
Palaeolithic (earlier than 9000 BC)	177.1	166.5	0.1
Mesolithic (9000-7000 BC)	172.5	158.7	0.15
Early Neolithic (7000-5000 BC)	169.6	155.5	1.5
Late Neolithic (5000-3000 BC)	161.3	154.3	7
Early Bronze (3000-2000 BC)	166.3	152.9	10
Middle People (2000-1500 BC)	166.1	153.5	18
Bronze Kings (1450 BC)	172.5	160.1	
Late Bronze (1450-1150 BC)	166.8	154.5	30
Early Iron (1150-650 BC)	166.7	155.1	20
Classic (650-300 BC)	170.5	156.2	36
Hellenistic (300 BC-120 AD)	171.9	156.4	33
Imperial Roman	169.2	158	25