

Table 1. Basal values of Follicle stimulating hormone (FSH), Luteinizing hormone (LH), Testosterone (T), Free testosterone (FT), and Insulin growth factor-I (IGF-I) before and after Zn supplementation.

	FSH IU/L (1.4-18.1)	LH IU/L (1.5-9.3)	T nmol/L (9.86-21.6)	FT nmol/L (0.04-0.08)	IGF-I μg/L (197-476)
Pre-treatment	0.48	1.1	5.63	0.005	119
Post-treatment	1.5	3.68	31.6	0.024	480

*normal values in parenthesis