

**Table 3.** Insulin sensitivity expressed as the amount of glucose metabolized (M; mg/kg/min) in each of 12 DM2 patients before and after a 4-week of alpha-lipoic acid treatment

Patients number	Gender	M (mg/kg/min)	
		Before treatment	After treatment
1	M	3.722	9.331
2	M	1.658	2.164
3	F	1.892	3.759
4	F	2.387	2.928
5	F	1.587	4.320
6	M	4.973	10.178
7	M	3.745	6.420
8	M	2.517	6.206
9	F	4.307	8.151
10	F	2.103	4.639
11	M	7.988	9.149
12	F	1.540	4.166

M: male, F: female