

Table 1. Clinical and biochemical features in ‘insulin-mediated pseudoacromegaly’

- Frontal bosselation
 - Macroglossia
 - Widely separated teeth
 - Prominent mandible and prognathism
 - Large hands and feet (increase in ring size and shoe size)
 - Little subcutaneous fat on arms and legs
 - Weight gain
 - Acanthosis nigricans
 - Skin tags over the neck and upper chest
 - Oligomenorrhoea
 - Hirsutism
 - Acne
 - Prominent, well-developed muscles
 - Enlargement of ears
 - Increased sweating
 - Fatty liver
 - Abdominal muscle cramps
 - Normal IGF-I levels
 - Low/normal growth hormone levels (random or during oral glucose tolerance test)
 - Hyperinsulinaemia
 - Diabetes mellitus
 - Hypertriglyceridaemia
 - Increased total and free testosterone concentration
 - Reduced sex hormone binding globulin (SHBG) concentration
 - Increased luteinizing hormone (LH) concentration
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