| | Study | Males N | Females N |
|---------|---------------------------------|---------|-----------|
| PYGMIES | Poutrin 1911 ¹⁰ | 51 | 16 |
| | Pales 193828 | 33 | 19 |
| | Vallois, 1940 ²⁹ | 13 | 10 |
| | Lalouel, 1950 ³⁰ | 53 | 43 |
| | Cresta 1965 ³¹ | 87 | 56 |
| | Pennetti et al 196732 | 427 | 392 |
| | Froment et al 196833 | 107 | 124 |
| | Cavalli-Sforza 196913 | 48 | 43 |
| | Merimee et al 1987 ⁸ | 48 | 43 |
| | Koppert et al 199314 | 107 | 124 |
| | Dulloo et al 19967 | 40 | 27 |
| | Bozzola et al 200912 | 33 | 48 |
| BANTU | Gusinde 1943 ¹¹ | 35 | 39 |
| | Cavalli-Sforza 196913 | 50 | 62 |
| | Koppert et al 199314 | 243 | 329 |
| | Bozzola et al 200912 | 31 | 48 |

Table 1. Height studies of West Pygmies and Bantu (1911 to 2009)