

Table 1. Clinical and biochemical characteristics (mean±SD) of the studied Greek women with and without GDM

	GDM (n = 77)	Controls (n = 98)	P value
Age (y)	35.45±4.44	31.39±5.25	<0.001
BMI (kg/m ²)	25.83±5.13	26.76±6.26	0.279
Weight gain (kg)	7.19±5.22	7.71±3.96	0.457
Insulin therapy %	33.25	-	-
Third trimester			
Fasting glucose (mg/dl)	95.94±18.83	79.89±7.08	<0.001
Fasting insulin (mU/ml)	13.44±8.47	8.36±4.21	0.015
HOMA-IR ^a	1.81±1.12	1.11±0.49	0.015

^aHomeostatic model assessment of insulin resistance