

**Table 6.** Correlations between resistin in the total group of obese women and body weight, BMI, insulin, HOMA-IR, and TNF- $\alpha$ , prior to intervention

	<b>BW</b>	<b>BMI</b>	<b>INS</b>	<b>HOMA</b>	<b>TNF-<math>\alpha</math></b>
r-Pearson	0.284	0.245	0.293	0.341	-0.238
P value	0.017	0.039	0.013	0.004	0.046