

**Table 4B.** Parameters with statistically significant differences between the groups (A1 & A2) after intervention. Adjustment for weight level using ANCOVA

| <b>Comparison</b>          | <b>P value (ANCOVA)</b> |
|----------------------------|-------------------------|
| <b>Group A1 vs GroupA2</b> |                         |
| Trigl                      | <0.001                  |
| hsCRP                      | 0.004                   |
| TNF- $\alpha$              | <0.001                  |
| IGF-1                      | 0.001                   |
| Isoprostane                | 0.004                   |