

**Table 1.** Mean values  $\pm$  SD of demographic characteristic and of all parameters in the whole sample and in the sample subdivided according to gonadal status

Parameters	Whole sample (n=194)	Premenopausal (n=92)	Postmenopausal (n=102)	p <sup>a</sup>
Age (yrs)	49.8 $\pm$ 12.6	40.2 $\pm$ 9.2	58.5 $\pm$ 8.2	<0.001
<i>Menopausal duration</i>			(10.8 $\pm$ 10.4)	
Height (cm)	159.9 $\pm$ 6.8	161.3 $\pm$ 5.7	158.6 $\pm$ 7.49.9	<0.01
Weight (kg)	61.6 $\pm$ 10	61 $\pm$ 10.1	62.2 $\pm$ 9.9	NS
BMI <sup>b</sup> (kg/m <sup>2</sup> )	24.1 $\pm$ 3.8	23.4 $\pm$ 3.9	24.7 $\pm$ 3.6	<0.01
MVC <sup>c</sup> (N)	205 $\pm$ 53.5	222 $\pm$ 49.3	190 $\pm$ 52.6	<0.001
R-BMD <sup>d</sup> (g/cm <sup>2</sup> )	0.663 $\pm$ 61.9	0.690 $\pm$ 43.6	0.639 $\pm$ 65.9	<0.001
ADSoS <sup>e</sup> (m/s)	2066 $\pm$ 92.1	2127 $\pm$ 60.6	2011 $\pm$ 80.2	<0.001
UBPI <sup>f</sup>	0.620 $\pm$ 0.189	0.733 $\pm$ 0.130	0.518 $\pm$ 0.176	<0.001

<sup>a</sup>Unpaired t-test between premenopausal and postmenopausal women, <sup>b</sup>Body mass index, <sup>c</sup>Maximal voluntary contraction, <sup>d</sup>Bone mineral density at one third of the radius, <sup>e</sup>Amplitude-dependent speed of sound, <sup>f</sup>Ultrasound bone profile index.