Table 2. Prevalence of MS and its components by age and gender at baseline

Variable	All participants (n=125)	Age groups				Gender	
		<45 y (n=21)	45-54 y (n=46)	55-64 y (n=33)	>64 y (n=24)	Men (n=55)	Women (n=68)
Metabolic syndrome, n (%)	78 (63)	11 (52)	29 (64)	23 (72)	15 (63)	35 (64)	43 (63)
High WC, n (%)#	102 (82)	16 (76)	38 (83)	30 (91)	18 (75)	42 (74)	60 (88)
Low HDL-C or receiving treatment, n (%)@	34 (28)	8 (38)	15 (33)	6 (19)	5 (21)	5 (9)	29 (43)
High Trigl or receiving treatment, n (%)	32 (26)	2 (10)	15 (33)	10 (31)	4 (17)	17 (31)	15 (22)
High FPG, n (%)	84 (67)	13 (62)	30 (65)	23 (70)	38 (75)	43 (75)	41 (60)
High BP or receiving treatment, n (%)+	93 (76)	13 (62)	31 (67)	28 (85)	21 (91)	44 (79)	49 (73)

WC: Waist circumference; HDL-C: High Density Lipoprotein cholesterol; Trigl: Triglycerides; FPG: Fasting plasma glucose; BP: Blood Pressure
#$p<0.05$ for the difference between genders, @$p<0.001$ for the difference between genders, +$p<0.05$ for the differences across age groups (by one-way ANOVA).