

Table 5. Testosterone changes in aged subjects

Authors	N	Age	Studies	Results
Zumoff B et al 1982 ⁴³	35	21-85yrs		35% decrease between 21 and 85 years of age
Morley JE et al 1987 ³⁶	77	61-87yrs	Longitudinal 1981-1982, 1984, 1989, 1990	Decrease 1.1ngml/L (3.7 nmol/L) decade
Vermeulin A et al 1996 ³⁷	300	20-100yrs	Longitudinal 13 years	At 75yrs mean T 2 thirds and FT 50% of T at 20yrs
Ferrini R et al Rancho Bernardo Study 1998 ⁴⁰	810	24-90yrs	Longitudinal 1984, 1987, 1993	Testosterone decline by 1.9pgml/L FT decline by 18.5pgml/L
Barret-Connot E et al 1999 ⁴²	856	50-89yrs		Decade 50-59 (n=701) T=10.5±3.07 nmol/L Bioavail T=4.27±1.09 nmol/L Decade 80-89 (n=155) T=10.3±4.4 nmol/L Bioavail T=2.61±1.07 nmol/L
Harman SM et al Baltimore Longitudinal Study on Aging 2001 ⁴⁴	890	58±15yrs	Cross-sectional 3 rd to 9 th decade	Testosterone decline 0.124nmol/L yearly T/SHBG – 0.0049nmol/L yearly
Feldman HA et al Massachusetts Male Aging Study 2002 ¹⁶	1156	40-69yrs at baseline	Longitudinal 1987+1989	Cross-sectional T= -1.6% FT= -2.3% Multitudinal T= -0.8% FT= -2%