Table 2. Questionnaire on sociodemographic characteristics

Factors		Definitions	
Sex		Male/female	
Age		All ages and age-groups	
Residence		Urban, suburban, rural	
Body mass index		Normal $< 25.0 \text{ kg/m}^2$	
		Overweight: 25.0-29.9 Kg/m ²	
		Obese: $\geq 30 \text{ kg/m}^2$	
Alcohol consumption (daily)		None	
		Modest: up to 0.5 L of wine or 2 beers	
		Moderate: >0.5 to 1L of wine or 3–4 beers	
		Heavy: >1 L of wine or >4 beers	
Level of education		Low: ≤12 years of school	
		High: >12 years (college or university)	
Occupation		Manual: Unskilled blue-collar workers, such as farmers, fishermen herdsmen, skilled manual workers	,
		Nonmanual: Skilled nonmanual workers, clerks, white-collar workers, small business owners, artists, university graduates (junio and senior public/private sector employees, freelance workers), business people	г
Having ever smoked cigarettes		Smoking cigarettes currently and/or in the past	
		Occupation	Level of Education
Socioeconomic status	Low:	Unskilled blue-collar workers, such as farmers, fisherman, herdsmen, junior white-collar workers in the private and public sectors	≤12 years of school
	High:	Professionals in the private/public sector managers, directors, freelance workers, senior white-collar workers	>12 years (college or university)