

Table 1. Symptoms associated with hypogonadism in adult men

Symptoms related to hypogonadism	More subtle symptoms associated with hypogonadism
<ul style="list-style-type: none">• Reduced or lack of libido• Reduced incidence of spontaneous erections• Gynecomastia• Reduced body hair and reduced need for shaving• Small, soft testes (volume <5 ml)• Reduced fertility• Osteopenia / osteoporosis• Decreased muscle mass and muscle strength• Hot flushes and sweating	<ul style="list-style-type: none">• Decreased energy and motivation• Difficulty in concentrating• Increased aggressiveness• Dysthymia / depression• Normochromic normocytic anemia (Hb within the normal range for women)• Increased amount of subcutaneous and abdominal fat• Reduced working capacity, both physical and mental• Increased need for sleep and sleep problems• Increased BMI