

Table 2. ESH/ESC 2013 guidelines for hypertension in pregnancy¹²⁷

Blood pressure levels	Antihypertensive treatment
>160/110 mm Hg	+
≥150/95 mm Hg (if persistent)	+
≥140/90 mm +	+
a) gestational hypertension, with or without proteinuria, or	
b) pre-existing hypertension with the superimposition of gestational hypertension, or	
c) hypertension with asymptomatic organ damage or symptoms at any time during pregnancy	