

Table 2. Analysis of atherosclerotic related biochemical and ultrasound results by level of Spiritual and Religious Beliefs

	Royal Free Interview score for Spiritual and Religious Beliefs (RFI-SRB)		
	<median	≥median	<i>p</i>
N			
Carotid artery IMT, mm	1.53(0.502)	1.01(0.101)	<0.001
Serum cortisol, mg/dL	18.2(5.1)	12.3(5.8)	<0.001*
Plasma fibrinogen, mg/dL	314(64)	303(69)	0.251
Serum glucose, mg/dL l	106(44)	91(11)	0.003
Serum Total cholesterol, mg/dL	211(41)	208(36)	0.610
Serum Triglycerides, mg/dL	96(29)	103(29)	0.798*
Serum HDL-C, mg/dL	55(26)	54(17)	0.740
Serum LDL-C, mg/dL	136(37)	131(32)	0.299
Serum Interleukin 1 beta, pg/mL	5(0.5)	7.15(2.45)	0.429*

Values are mean±SD or relative frequencies (%). *P*-values derived using Student's t-test, Mann-Whitney test (*) and analysis of variance