

Table 1. Descriptive characteristic of the n=195 participants of the study by level of Spiritual and Religious Beliefs

		Royal Free Interview score for Spiritual and Religious Beliefs (RFI-SRB)		
		<median	≥median	<i>p</i>
N		97	98	
Age, years, mean (SD)		66 (16)	69 (15)	0.424
Age group, %				0.277
	<65	42.3	34.7	
	65+	57.7	65.3	
Family status, %				0.862
	married	72.2	75.5	
	not married, divorced	2.1	2.2	
	widowed	25.8	22.4	
Religion, %				0.504*
	Christian Orthodox	99.0	98.0	
	Christian Evangelist	1.0	2.0	
Smoking, %	current	37.1	1.0	<0.001
Obesity status, %	overweight, obese	85.6	77.6	0.149
Hypertension, %		80.4	60.2	0.002
Diabetes mellitus, %		35.1	2.0	<0.001
Cerebrovascular event, %		3.1	0.0	0.121*
Congestive heart failure, %		7.2	1.0	0.058*
Myocardial infarction, %		6.2	0.0	0.014*
SOC (range: 82-194), mean (SD)		123 (20)	158 (15)	<0.001
	Comprehensible score	45 (9.5)	58 (7.6)	<0.001
	Manageable score	40 (8.7)	54 (7.5)	<0.001
	Meaningful score	38 (8.4)	46 (5.6)	<0.001

Values are mean±SD or relative frequencies (%). *P*-values derived using chi-square or Fisher exact test (*) and analysis of variance