Table 2. Odds ratio of overweight, obesity and abdominal obesity by different physical activity patterns in men

Predictor	Overweight		Obesity		Abdominal obesity	
	Odds Ratio (95%CI)	P	Odds Ratio (95%CI)	P	Odds Ratio (95%CI)	P
Age group						
18-39	1.00 (Ref.)		1.00 (Ref.)		1.00 (Ref.)	
40-65	1.96 (1.70-2.26)	**<0.001**	1.68 (1.44-1.96)	**<0.001**	2.20 (1.93-2.51)	**<0.001**
>65	1.75 (1.31-2.33)	**<0.001**	1.70 (1.29-2.25)	**<0.001**	2.18 (1.68-2.83)	**<0.001**
Walking						
<2 hrs/week	1.00 (Ref.)		1.00 (Ref.)		1.00 (Ref.)	
2 – 3.9 hrs/week	0.85 (0.73-1.00)	**0.050**	0.89 (0.76-1.04)	0.143	0.86 (0.74-1.00)	**0.049**
4 – 6.9 hrs/week	0.96 (0.81-1.15)	0.663	0.92 (0.78-1.09)	0.338	0.95 (0.81-1.12)	0.562
≥7 hrs/week	0.95 (0.84-1.08)	0.414	0.88 (0.78-1.00)	**0.044**	0.96 (0.86-1.07)	0.466
Exercise						
<2 hrs/week	1.00 (Ref.)		1.00 (Ref.)		1.00 (Ref.)	
2 – 3.9 hrs/week	1.21 (0.89-1.65)	0.233	0.93 (0.68-1.28)	0.674	1.12 (0.84-1.51)	0.435
4 – 6.9 hrs/week	0.89 (0.66-1.19)	0.425	0.91 (0.67-1.24)	0.561	1.09 (0.83-1.43)	0.555
≥7 hrs/week	1.17 (0.85-1.63)	0.339	0.70 (0.48-1.03)	0.071	0.96 (0.70-1.32)	0.816
TV watching						
<16 hrs/week	1.00 (Ref.)		1.00 (Ref.)		1.00 (Ref.)	
≥16 hrs/week	1.04 (0.92-1.18)	0.531	0.96 (0.88-1.05)	0.556	0.94 (0.84-1.06)	0.306
Office work						
<14 hrs/week	1.00 (Ref.)		1.00 (Ref.)		1.00 (Ref.)	
≥14 hrs/week	0.95 (0.83-1.07)	0.390	0.93 (0.82-1.05)	0.246	1.02 (0.91-1.14)	0.765
Entertainment						
<4 hrs/week	1.00 (Ref.)		1.00 (Ref.)		1.00 (Ref.)	
≥4 hrs/week	0.98 (0.88-1.10)	0.749	0.98 (0.88-1.10)	0.774	0.97 (0.87-1.07)	0.502