

Table 3. Weekly consumption of the different food groups and alcohol by the Greek adolescents (n=350) aged 12-18 years. Results are given by gender as percentages (%) and times per week (t/w)

Food item or Food group	Boys					Girls					Total				
	Never (%)	1 t/w (%)	2-3 t/w (%)	4-5 t/w (%)	6-7 t/w (%)	Never (%)	1 t/w (%)	2-3 t/w (%)	4-5 t/w (%)	6-7 t/w (%)	Never (%)	1 t/w (%)	2-3 t/w (%)	4-5 t/w (%)	6-7 t/w (%)
Olive oil	4	4	14	19	59	3	6	17	26	48	3	5	16	23	53
Fruits	1	10	13	26	44	0	7	15	20	58	0	9	17	23	51
Vegetables	3	12	28	35	22	3	3	15	32	41	3	10	21	34	32
Pasta / rise	1	21	44	30	4	1	12	43	31	7	1	16	46	31	6
Cheese	7	4	14	26	49	2	6	22	24	46	4	5	18	25	48
Pulse	11	34	37	9	9	5	31	41	19	4	8	33	39	14	6
Bread	4	8	11	14	63	7	11	19	17	46	6	10	15	16	53
Red meat	7	31	32	17	13	4	32	40	19	5	5	31	37	18	9
Chicken	10	35	30	14	11	12	33	33	17	5	11	35	32	15	7
Potatoes	2	11	35	31	21	2	20	36	23	19	2	16	35	27	20
Dairy products	4	5	20	29	42	0	9	17	28	46	2	7	19	29	43
Fishes	10	35	37	11	7	5	35	32	20	8	7	35	34	16	8
Sweets	3	22	34	20	15	6	28	32	14	20	7	25	34	17	17
Eggs	3	40	36	10	5	12	41	32	11	4	11	41	34	10	4
Alcoholic drinks	34	34	17	4	11	48	25	15	8	4	41	29	16	7	7

t/w: time/week